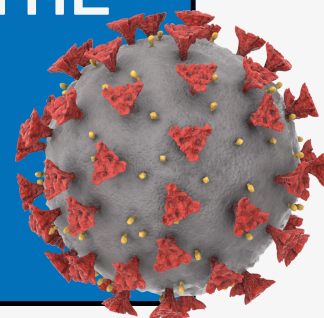
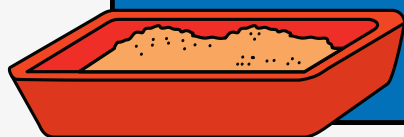


# SET IN SAND: EXPLORING THE IMPACTS OF THE COVID-19 PANDEMIC WITH CHILDREN THROUGH PLAY RESEARCH



## The Task: Sand Tray

Participants will be asked to express themselves through play in the sand tray with miniature toys, responding to three play prompts about their experiences of the COVID-19 pandemic.

## The Need for Children's Voice in Research:

Much of the current mental health research on the pandemic's impact on children and young people is from the adult perspective or through questionnaires with children. This study focuses on children's own perspectives through their natural language: play!

## Participation Details

- Ages: 5-13
- Location: PEDAL Observation Lab in the Faculty of Education, University of Cambridge
- When: July- November 2023 for about one hour per child participant

## Compensation

Families will be compensated for their travel and time of participation.

## The Researcher

Sydney is a licensed therapist who specializes in play therapy. Her doctoral research comprises multiple projects that explore the COVID-19 pandemic, play therapy, and excluded perspectives.

Contact: [spc61@cam.ac.uk](mailto:spc61@cam.ac.uk)

Find out more about PEDAL:

 <https://www.pedalhub.net/>